## **COREY S. FERALDI**

55 Edgewood

Cheektowaga, New York 14216

(716) 876-3986

#### **OBJECTIVE**

A position as wellness coordinator.

## **EDUCATION**

## STATE UNIVERSITY COLLEGE AT BUFFALO, New York

Bachelor of Science in Health/Wellness, May 20XX

Major GPA: 3.4/4.0

100% self-supporting through college.

## ERIE COMMUNITY COLLEGE, Buffalo, New York

Associate of Applied Science in Medical Assistant Program, May 2000

Major GPA: 3.0/4.0

## **RELEVANT COURSES**

Wellness, Fitness, and Aging Assessment & Evaluations Anatomy and Physiology Wellness Programming **Nutrition Education** 

Critical Issues in Health/Wellness

Kinesiology **Exercise Principles** 

#### RELEVANT EXPERIENCE

## BENITAR, INC., Buffalo, New York

9/XX-6/XX

- Developed and implemented wellness programs for employees.
- Coordinated special events, such as "Physical Fitness Week" and "Lung Association's 10K Run."
- Presented workshops on fitness, nutrition and stress management.
- Designed brochures to promote the wellness center.

#### Y.M.C.A., West Seneca, New York

6/XX-12/XX

**Trainer** 

- Designed individual exercise programs for clients.
- Trained clients in proper weightlifting techniques.
- Organized and supervised recreational basketball leagues.

## SPECIAL PROJECTS

# **HEALTH CARE PLAN**, Grand Island, New York

5/XX

- Created a "Healthy Choice" newsletter to be distributed to members and the community.
- Provided physiological assessments (flexibility, body fat ratio and cardiovascular testing) for 25 middle school children.

# BUFFALO STATE COLLEGE, Buffalo, New York

11/XX

Initiated, organized, and advertised "Winter Wellness Health Fair."

#### ADDITIONAL TRAINING

- Health & Wellness In Big Business, Syracuse University, 3/XX
- Nutrition In the 90's, State University of New York College at Buffalo, 5/XX
- Stress Management, Buffalo, New York, 5/XX

#### **SKILLS**

- Standard First Aid
- Certified in CPR