

Jose P. Torres

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OBJECTIVE

To obtain a position in community health programming within a non-profit organization

EDUCATION

Bachelor of Science in Health and Wellness, May 2020

State University of New York College at Buffalo

- Minor in Exercise Science
- GPA 3.4/4.0

HEALTH PROGRAMMING EXPERIENCE

Community Outreach Intern (Bilingual), Alzheimer's Association, Buffalo, New York, January 2019 – May 2019

- Built relationships with local community organizations through outreach presentations
- Created and facilitated caregiver support programs
- Utilized Spanish language skills while engaging with families impacted by Alzheimer's disease

Health & Wellness Ambassador, Rite Aid, Amherst, New York, September 2018 – Present

- Perform community and business to business immunization outreach, including visits to senior citizen centers, health care providers, and fitness centers
- Provide support to pharmacists as they assist customers in selecting products related to their wellbeing, such as vitamins and over-the-counter drugs
- Organize, promote, and facilitate community health events for Rite Aid, implementing new initiatives to support wellness and health trends

CAMPUS LEADERSHIP

Program Director, Health Fitness Organization, 2018 – 2019

- Collaborated with department chair to develop and supervise all health education programs and events with the goal of educating students on ways to achieve a healthier lifestyle

Co-Captain (2018-2019), Buffalo State College Football Team (Division III), 2016 – 2020

- Collaborate with coaching staff on an ongoing basis to enhance team morale and cohesiveness
- Lead tours of athletic facilities to prospective student athletes and their families

CERTIFICATIONS

First Aid, CPR/AED, American Red Cross

Blood Borne Pathogens, National Safety Council

Medical Exercise, Exercise Alliance

COMMUNITY SERVICE

Donations Volunteer, Journey's End Refugee Services Inc., Buffalo, New York, January, 2019 – Present

Blood Drive Volunteer, American Red Cross, Buffalo, New York, September 2016 – June 2018

WORK EXPERIENCE

State University of New York College at Buffalo

Student Assistant, Weigel Health Center, June 2017 – May 2020

Equipment Clerk, Intercollegiate Athletics, September 2016 – May 2018